

## Chaplaincy Podcasts: Chaplaincy, Crisis and Trauma: Rev'd Ann Fulton

Ann Fulton is Spiritual Care Coordinator at St Margaret's Hospice. With a team of volunteers, Ann is responsible for spiritual care both to those at home and to those on the In-patient Units in Taunton and Yeovil.

1. Ann talked of spiritual care as 'speaking into the heart of each person and that isn't always faith related'. Another phrase she used is 'What matters to you today?' and 'a link into humanity'. Which of these phrases resonates most with you? How might you define spiritual care?
2. What are the advantages and disadvantages of offering spiritual care rather than chaplaincy?
3. Ann asks that her volunteers wear no visible sign of faith and explained that it is because it doesn't matter what you believe, it is all about the other person. Other settings allow more obvious indications of chaplain's own faith. Again, what might be the advantages and disadvantages of each of these?
4. Ann spoke of spiritual care as 'redressing a power imbalance in healthcare'. Patients in hospitals and hospices often feel that things are being done to them. How might spiritual care give them agency?
5. Do you agree with the statement 'society doesn't talk about death'. How comfortable do you feel talking with others about death? What would help you to do so?
6. Ann mentioned everyday losses that we also do not recognise. What everyday losses have you experienced? How have they affected you?

### For further exploration:

There are many resources, films, toolkits and booklets at [www.bathandwells.org.uk/chaplaincy](http://www.bathandwells.org.uk/chaplaincy) and on other sites. Association of hospice and palliative care chaplaincy [AHPCC – The website for professional hospice and palliative care chaplains in the UK](http://www.ahpcc.org.uk)

UK Board of Healthcare Chaplaincy: <https://www.ukbhc.org.uk/>

College of Health Care Chaplains: <https://www.healthcarechaplains.org>

Growing and Reimagining Chaplaincy [MEv 137 Growing and Reimagining Chaplaincy: How to Start, Form and Sup – Grove Books](https://www.growingandreimagining.org.uk) [sorry this last one is for sale rather than being free]

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### Next podcast

The next podcast will be Chaplaincy, spirituality, prayer and worship - Ewen Huffman - Tuesday 30 January, 16.00-17.30 [Register here](#).