

Programme 2026

Programme for Exploring your Spiritual Journey
In the Diocesan Office, Flourish House, Cathedral Park Wells, BA5 1FD,
usually alternate Fridays 10.00 – 3.30

(Please Note: Sessions may occasionally need to be rearranged during the year to accommodate speakers)

Team: Victor Barley, Vivienne Bolton, Margaret Hayward and Tina Soper

Term 1 Introduction and Ways of Prayer

Date & Venue	Subject
16 January Flourish House	Prayer and Spirituality I: Introduction to Course.
23 January Wells Museum	Quiet Day Meditation, reflection, and prayer
30 January Flourish House	Prayer and Spirituality II: Images of Self, Images of God
13 February Flourish House	Christian Prayer Roots I: Old Testament Spirituality, New Testament Spirituality
27 February Flourish House	Christian Prayer Roots II: Desert Fathers and Mothers
6 March Flourish House	Introduction to the Enneagram
20 March 10.00 – 5.00 Flourish House Sat 21 March 9.30 – 4.30pm Flourish House	Prayer and Self I: Enneagram
27 March Flourish House	Prayer and Self II: Ware Spirituality Circle, Prayer and Personality

Term 2 Foundations and Roots, Spiritual Traditions

Date & Venue	Subject
24 April Flourish House	Prayer and Self III: Thomas Merton, Richard Rohr.
1 May Flourish House	The Disciplined Life I: Benedictine Spirituality
15 May Flourish House	The Disciplined Life II: Evangelical Spirituality
12 June Flourish House	Prayer and Creation I: Franciscan Spirituality.
19 June Flourish House	Prayer and Creation II: Celtic Spirituality
3 July Flourish House	Contemplative Spirituality I: Carmelite Spirituality
17 July Flourish House	Contemplative Spirituality II: Mother Julian of Norwich.

Term 3 Our Spiritual Vocation

Date Rooms	Subject
4 September Flourish House	Contemplative Spirituality III: Icons
11 September Flourish House	Imaginative Spirituality I: Ignatius of Loyola
9 October Flourish House	Imaginative Spirituality II: Spirituality in film, art, music.
16 October Flourish House	Prayer and Daily Life I: The Way of the Marketplace.
6 November Flourish House	Prayer and Daily Life II: Contemporary spirituality.
13 November Flourish House	Prayer and Daily Life III: Bread for the journey.
19 – 20 November Thursday/Friday (2 days and one night) Penny Brohn National Centre Pill	Retreat: Vocation, Silence, Affirmation of rhythm of life, Spirituality & Creativity.