

Everyday prayer

We invite you to pray every day.



In the morning...

Dear God, help me to notice you today: in the people I am with and in the world around me. Be my guide in all that I am, say and do. Amen

In the evening...

- Be still with God and reflect on the day
- Recall a moment/s that you are grateful for and how that made you feel
- Offer to God the things that have been difficult and ask for help in letting them go
- Ask God to show you what has been important today
- Talk to God about what your day has shown you.



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Bath & Wells

Living and telling the story of Jesus

Prayer involves listening and talking to God, anytime, anywhere.

It helps us grow closer to God.



Some ideas for regular prayer:

- Someone close to you - your friends or family, or someone you live near or work with
- Somewhere in the world where people are suffering
- Someone who has responsibility for leadership
- Someone who is suffering in body, mind or spirit
- Something that is troubling you or someone else
- Someone who is overlooked or marginalised
- Creation and renewing the life of the earth.