



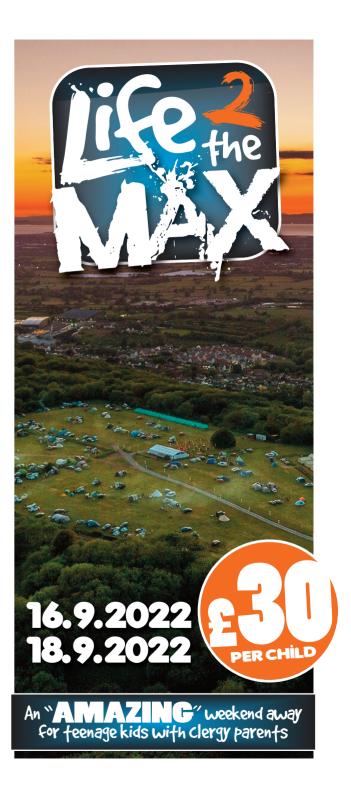
New venue... ...same great weekend!

Established in 1978, Mendip Outdoor Pursuits has evolved into one of the biggest and most reputable outdoor activity providers in the South West. With fully furnished lodge and dormitories, experienced and qualified staff are on hand to provide a wide range of activities from a mixture of various sites at base camp and across the Mendip Hills and beyond.

Covering 250 acres, the Lodge and Activity Centre sits in the heart of the Mendip Hills - an area of out-standing natural Beauty! This amazing venue is the perfect base and central location for 'Life to the Max'.

Prepare for fellowship, friendship and adventure!







Life to the Max schedule for this year...

Friday 16th: Parents drop their children off at the Centre anytime between 5.00-6.30pm - we hope this gives enough time to plan journeys around family life. The LTTM Team will be on-site and waiting to welcome you and to help your child(ren) settle in.

A hot evening meal will be served at 7.00pm and at 8.00pm the LTTM team will gather everyone together in the Lodge's lounge to formally welcome everyone to LTTM, introduce the team, provide a briefing/ overview of the weekend and will also answer any questions.

In case of any emergencies, the LTTM Team Leaders will be available 24/7 and are contactable on the mobiles provided in the LTTM correspondence.

Sunday 18th: Pick up time for parents is between 3-4pm. If you are going to be late (emergency, traffic etc) please contact a Team Leader to let them know.

	Friday	Saturday	Sunday
		Breakfast	Breakfast
Morning		Activity: Raft building or Assault course	Everyone helps tidy up Late morning leading into the afternoon
		Lunch	Lunch
Afternoon	Arrival time: 5.00pm onwards Hot evening meal served at 7.00pm	Activity Archery Active or Frisbee Golf	Chilling out Pack and prepare to head home
Per	Supper	Supper	
Evening	8.00pm: Welcome/Intros, sort out rooms. Chilling out time	Hot chocolate & marshmallows around the fire + fun session on "What it is like to be a clergy kid?"	

On Saturday, Mendip's qualified & experienced staff will provide two fun activities, one in the morning and one in the afternoon.

All activities will be allocated at breakfast on the Saturday morning so make sure the relevant clothing is packed for all activites. Information on specific clothing will be explained in the correspondence sent with booking forms.

Every effort is made by the fully qualified staff at Mendip Outdoor Pursuits to make the activities suitable, safe and fun for all ages and abilities. Complete novices are encouraged to participate in the activities and will obtain considerable achievement, confidence and satisfaction.

What do you need to bring:

Enough suitable clothes for an outdoor activities based weekend.

A sensible pair of shoes, trainers or walking boots you can walk in and do outdoor activities in.

A coat / waterproof (we might go for a late night walk around the grounds).

Wash stuff incuding toothbrush, toiletries and also a couple of towels.

Swimming kit and a pair of old trainers that you don't mind getting wet (for any water activities).

Bedding: Sleeping bag or a duvet and pillow (please remember to include covers and cases) A bottle to put drinks in.

Any medication or inhalers that you take or use regularly and sun cream if the weather is warm. Some spending money (not essential – but the on-site café sells refreshments).





Diocese of Bristol

Clergy Support Trust

