# Wellbeing of Staff

Take 5-10 minutes at the beginning of your governance meeting to discuss the following item from Ethos Enhancing Outcomes (Culture, Values and Ethos: Educating for Wisdom, Knowledge and Skills):

‘If Christian education is about ‘human flourishing’ how do we create a culture where school staff are buoyed up by the challenges facing them, rather than worn down?’

Prompts:

* As governors, are you aware of some of the issues that ‘wear teachers down’? You may know this through a staff survey or a well-being governor.
* Are there any specific actions governors can take to address any of these issues?
* Could this be reflected through a Staff Well-Being Policy?